



Zainab from Bahrain

Kennedy-Lugar Youth Exchange and Study (YES) Program

GRADE: 11 out of 12 completed **ENGLISH LANGUAGE PROFICIENCY (ELTiS):** 216 (approx. 50 SLEP) **GENDER:** Female
GPA: 4.0 (4.0 Scale) **LANGUAGES:** ARABIC, English **AGE (as of August 1, 2021):** 17
RELIGION: Muslim **NOTES:** Can swim, prefers halal diet

HOME LIFE

Zainab's household includes her parents, two brothers, sisters-in-law, and nephews. She also has an older sister who is currently studying and lives away from home. At home, Zainab is responsible for keeping her bedroom clean and organized. She also babysits her nephews.

INTERESTS AND ACHIEVEMENTS

ACADEMICS / FUTURE: Wants to be a dentist and theater director
SPORTS / ARTS: Yoga, jogging
CLUBS / INTERESTS: Toastmasters, acting, filming and editing movies

ALL ABOUT ZAINAB

Zainab from Bahrain loves to start her day with sunrise yoga. This practice helps her feel mindful and find calmness. She has a wide circle of girlfriends and loves to meet new people. **“What I like the most is when my friends and I gather together to laugh, play and sometimes go through the unforgettable moments of our life.”** Zainab is really great with children and loves helping take care of her little nephews. She has a big extended family that likes to travel to new countries together. They also frequently visit the seaside and practice water activities in Bahrain.

Zainab's teacher says she is...

- Creative
- Confident
- Open-minded

“My favorite activity is when I perform for people. I enjoy trying new costumes of different cultures and I really enjoy the audience's facial expressions.” Zainab hopes to join her U.S. high school's theater club! Her other interests including creating and editing short films and practicing public speaking through her local toastmasters' chapter. **“I am an active person that loves fitness and athletic games and really enjoy practicing them all.”** Zainab would love to try some new sports while in America, including track and field, skating, and skiing.

In the future, Zainab hopes to study dentistry and simultaneously become a theater director. During her YES year, Zainab looks forward to taking part in American holiday traditions and trying new foods. In particular, she can't wait to try turkey on her first Thanksgiving. **“Being a part of this exchange program is one of my dreams. I believe that it will allow me to shape my personality, learn about other cultures and meet different people.”** She can't wait to meet her host family soon and start making exciting memories together!

INTERESTED IN HOSTING ZAINAB?

Email: inbound@americancouncils.org
 Phone: 202-833-7522
 Website: inbound.americancouncils.org